

| | Site Name | Site Address/Location | Day of the Week | Time |
|----|---|---|-----------------|------------------|
| 1 | 30th Street Senior Center | 225 30th Street 3rd Floor (Mission District, Noe Valley, Glen Park) | Mon & Fri | 10 - 11 am |
| 2 | Aquatic Park Senior Center | 890 Beach Street (Marina, Fisherman's Wharf, Ft. Mason) | Tues & Thurs | 10 - 11 am |
| 3 | Buchanan YMCA | 1530 Buchanan St (Japantown) | Mon & Wed | 10 - 11 am |
| 4 | Cayuga | 2525 Alemany Blvd. (Cayuga Park, Crocker Amazon) | Mon & Wed | 10 - 11 am |
| 5 | Centro Latino | 1656 15th Street | Tues & Fri | 11 - 12 pm |
| 6 | I.T. Bookman | 446 Randolph St (Oceanview, Ingleside) | Tues | 10 - 11 am |
| 7 | Inner Sunset | 1290 5th Avenue (Inner Sunset) | Tues & Thur | 1:30 - 2:30 pm |
| 8 | Manilatown Senior Center | 848 Kearny Street, 3rd Floor (Chinatown) | Mon | 10 - 11 am |
| 9 | Miraloma (Cornerstone Baptist Church) | 480 Teresita Blvd. (Miraloma/Glen Park Canyon, Mt. Davidson) | Thur | 10:30 - 11:30 am |
| 10 | Mission Neighborhood Center | 362 Capp Street (Mission) | Mon & Fri | 10 - 11 am |
| 11 | Mission YMCA | 4080 Mission St (Mission) | Mon & Wed | 9:15 - 10:15am |
| 12 | OMI Catholic Charities | 65 Beverly Street (Ingleside, Park Merced) | Mon & Wed | 10:30 - 11:30 am |
| 13 | Richmond Senior Center | 6221 Geary Blvd (Richmond District) | Tues & Fri | 10 - 11 am |
| 14 | South Sunset Senior Center *Suspended until further notice* | 2601 40th Avenue (So. Sunset District) | Thur | 10 - 11 am |
| 15 | Virtual | Zoom, registration required to gain access | Mon - Fri | 10 - 11 am |

Fall Prevention In-Person Classes

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| 2 | 30th Street Senior Center | 225 30th Street 3rd Floor (Mission District, Noe Valley, Glen Park) | Wed & Fri | 11:30 am-12:30 pm ; 1 pm- 2 pm |